

# The health week - healthy living in the heart of Sörmland

Life is easy in Flen's Kommun. When the citizens feel well, the municipality feels well and week 39 is the Healthy Week.

Between 24 September and 2 October common interest associations, organizations, companies and other stakeholders are setting up a number of activities with focus on your health in Flen's Municipality.

Most activities are free of charge and give you an opportunity to try various activities during the week.

Our hopes are that all citizens will find something they enjoy, and want to continue doing, to keep being active.

Flen's Municipality has set up a schedule for the week and on our website <https://flen.se/uppleva-gora/halsoveckan/> you can find more inspiration to a healthier life.

Healthweek in Flen is a week with full focus on your health - inside and out.



**HÄLSO  
VECKAN  
I FLEN**